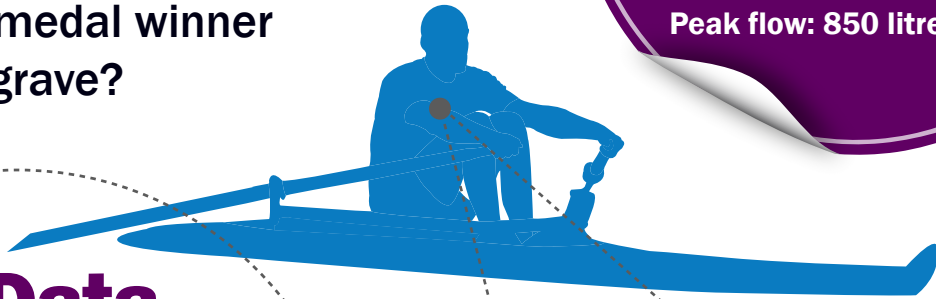




On your marks... get set...breathe

How do you compare to five-time Olympic gold medal winner Sir Steve Redgrave?

Name: Sir Steve Redgrave
Sport: Rowing
Age: 49
Gender: Male
Height: 194
Sitting height: 97
Asthmatic: No
Vital capacity: 7.5 litres
Peak flow: 850 litres / min



Your Data

Name: _____
Favourite activity: _____
Gender: _____
Age: _____
Height: _____ cm
Sitting height: _____ cm
Asthmatic: _____

Vital capacity
7.5
litres

Peak flow
850
litres/min

Vital capacity

litres

Peak flow

litres/min

Live Data Zone

Enabling you to work like a real scientist

Check out...

www.getinthezone.org.uk/livedatazone to see experiment results from across the UK. Add your results to compare with others in your class, school, and the national average data.



Visit the Live Data Zone to find out the following information:

The national average vital capacity for people of your height



Litres

The national average peak flow for people your age



Litres/min

Overall, do taller people have larger lungs?

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